

LINDEN LATEST



2023

Welcome to November's Linden Latest. The last month has seen some exciting new activities taking place, we trust that you are enjoying them. Thank you to everyone who has already added their wishes to our wishes board; we have seen these wishes granted and look forward to more to come.

We welcomed back Steve who gave a wonderful performance we could all sing along and tap our toes to. Music events are always popular, we're glad to see so many people enjoy them.

We dined out at the Iron Duke pub in Wellington. A fun afternoon spent there for lunch and a couple of drinks.



Our pub night had a Spanish theme, *muchas gracias* to Charlotte and Christine for organising a wonderful evening. We ate Spanish food, drank Sangria, we were quizzed on some Spanish phrases and much more.



We had the company of the children from Waterloo Road Pre-school who played games and read books with us. Next month will be an art and crafts session with them.

Our skittles team have begun their winter league, good luck to them!



We will resume regular Flexercise sessions now that Charlotte and Laura have completed their Flexercise training.



We began with a game of Kurling, thanks to Ali from Everyone Active who brought with her the equipment we used. It was a close game, but the red team were the champions this time. The blues are keen for a re match!

Halloween week was especially fun with themed games, bingo, and arts and crafts. The staff looked fantastic dressed up for the occasion.



Nurse's notes

We welcome Yarislava to the housekeeping team. We hope you settle in quickly and enjoy working at Linden House.

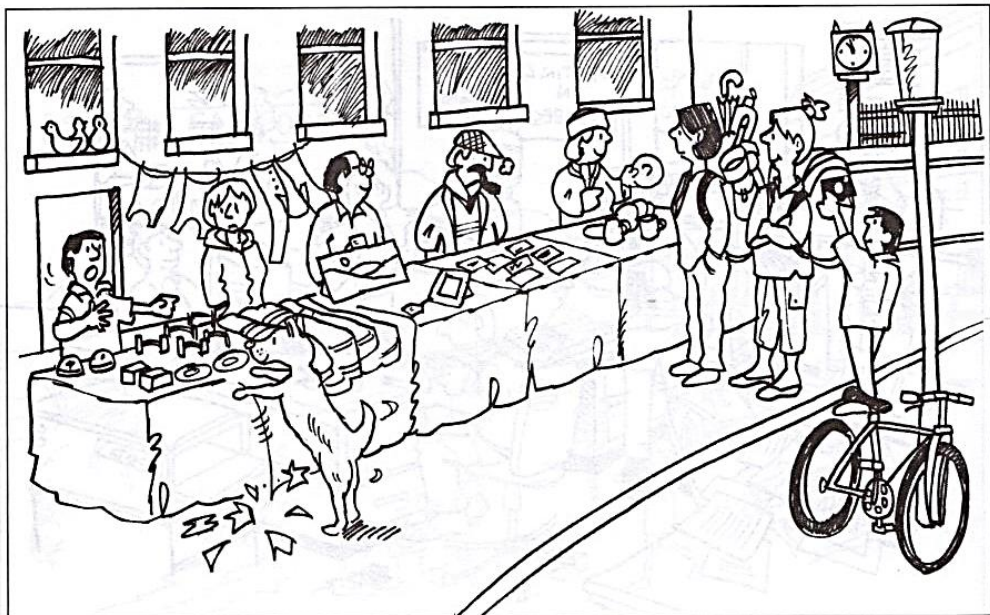
We also thank Paul for joining our activities team; Paul has been a carer at Linden House for ten years and knows you all well, he looks forward to the new opportunities that this role in activities will bring.

Celebrations

Birthday wishes this month are sent to Henry and Mark; we hope you both enjoy your special day.



Can you spot the 20 differences in these pictures?



What's On?

Wednesday 1st Flexercise 11am

Thursday 2nd Table games 2:30pm

Friday 3rd Word games 11am

Monday 6th Art & Craft - fireworks 10:30am

Tuesday 7th Floor games 11am

Tuesday 7th Bonfire night at Linden Arms 4pm

Wednesday 8th Flexercise 11am

Thursday 9th Sweet shop

Friday 10th Word games 11am

**Monday 13th Coffee morning with music by
Andre Rieu 11am**

Tuesday 14th Chris Clarke singing 2:30pm

Wednesday 15th Church service 11am

Wednesday 15th Clothes Sale 3pm

Thursday 16th Pre-school visit - Art & Crafts 11am

Friday 17th Flexercise 11am

Monday 20th Word games 11am

Tuesday 21st Baking 10:30am

Tuesday 21st Film afternoon 2:30pm

Wednesday 22nd Flexercise 11am

**Wednesday 22nd Archie Project - Assembly at Rockwell
Green Primary School 1pm**

Thursday 23rd Games afternoon 2:30pm

Thursday 23rd Sweet shop

Friday 24th Reminiscence, coffee, and music 11am

Monday 27th Flexercise 11am

Tuesday 28th Art & Crafts 10:30am

**Tuesday 28th Afternoon tea with music from the
Proms 3pm**

Wednesday 29th Winter skittles league 11am



*Every Monday, Hairdresser Michelle visiting
Every Wednesday, aromatherapist Debbie visiting*



If you would like a copy of the Linden Latest emailed or posted please let us know, email us at laura.paul@sandringhamcare.co.uk, you can also find us on Facebook.

